

Music City Volleyball Rules

All Leagues:

- NO FOOD, ALCOHOL, OR BEVERAGES OTHER THAN WATER. Please do not bring sodas, coffees, etc. into the gym – especially in disposable cups with straws.
- Throw your garbage in a trash can.
- All players must sign the roster/waiver before their first match.
- DO NOT HANG ON THE NET!
- If the ball hits the ceiling or any obstruction it is playable on the same side of the court within the three hits. If it goes to the opposite court, it is out.
- If the ball hits the basketball goal/backboard that is down and directly adjacent to any court, it is OUT.
- Any center line infraction will be a fault in all leagues (for safety). An infraction is when a player's **entire** foot or other body part contacts the floor on the opposite side of the net.
- Any net contact is a fault. (Hair is an exception.)
- Players may not pursue the ball onto the adjacent court.
- When both courts 3 & 4 are in play, there are no foot fault violations on those courts.
- Coed leagues do NOT have a "girl touch" rule.
- All matches will be best 2 out of 3 sets - 21/21/15 with a 2-point cap on each set.
- Each team has 1 time-out per set.
- Late Show Policy - There will be a five (5) minute grace period from the game start time, and then your opponent will gain a point per minute thereafter. After 15 minutes have passed from the game start time, the first set is forfeited to your opponent with the next set to start immediately. After another 15 minutes have passed, for a total of 30 minutes, the match will be forfeited to your opponent.
- As the reffing team, you have the responsibility to get the match started on time and actively ref the match. Refs should call net violations, center line violations, foot faults, and lines. If no one from your team shows up for their reffing assignment, penalty points could be given to your opponent at your next match per the Late Show policy.
- Subsequent matches will receive the time left until the next scheduled start time for warmup with a minimum of 5 minutes.
- Tournament seeding is based on overall league record – Match wins/losses.
- Tie breakers for tournament seeding:
 - 2-way tie: Head-to-Head, sets won vs tied teams, point differential vs tied teams, coin flip
 - 3-way tie: Head-to-head, sets won vs tied teams, point differential vs tied teams – when 1 team is eliminated via these methods we will start again with the 2-way tie criteria for the remaining 2 teams.

6 Person Leagues

- Six (6) player leagues will follow USAV rules for rotations and service rules. If only 5 players are present, there will be three (3) front-row players and two (2) back-row players in the rotation. If only 4 players are present, there will be two (2) front-row players and two (2) back-row players in the rotation.
- You must have 4 players present to start the match.
- Open hand tipping is legal.

4 Person Leagues

- You must have 3 players present to start the match.
- No open hand tips.
- Directional blocking is ILLEGAL.
- For a set/push over the net the ball must travel only directly forward or directly backward from the player's shoulder line. No sideways sets over the net.
- All players should serve in order, however, there are no rotation requirements on the court.
- Reverse Coed
 - Men (or players designated as the non-hitting players) can only hit from behind the 15-foot line.
 - Men (or players designated as the non-hitting players) cannot contact the ball above the height of the net and send it to the opposite court if they are in front of the 15-foot line.
 - If a man (or player designated as a non-hitting player) contacts the ball in front of the 15-foot line to send it to the opposite court, it must have an upward trajectory.
 - Men (or players designated as the non-hitting players) cannot jump or block at the net.

Substitute Players

- Teams may utilize substitute players during the regular season from other teams within their same level/division. Players on a BB-level roster are allowed to sub on an Open team, if necessary. However, players that are on an Open-level roster may NOT sub on a BB team. We recommend that everyone play competitively at their designated Open or BB level, so we don't expect to see a lot of crossover-level subbing. If this becomes an ongoing issue, players will be asked to change levels.
- For playoffs, every player on the court must be on YOUR roster. No players from another team's roster are allowed to sub during the playoffs. Players may only be on ONE roster in each league. Players must have subbed during the regular season and signed your roster to qualify for the playoffs. Therefore, it is the team captain's responsibility to make sure your substitute player(s) sign your team's roster/waiver sheet.